

Ricotta Meatballs with Marinara Sauce

1 lb lean ground beef
¾ c ricotta cheese
1/3 c parmesan
1 large egg
½ c dried breadcrumbs
1 minced garlic clove
1 tsp oregano
1 tsp salt
½ pepper
2 c marinara sauce
Parsley

Instructions

Line baking sheet with parchment paper.
Mix all ingredients except marinara sauce in bowl.
Preheat oven to 400F.
Roll meat mixture into 24 x 1 ½" balls.
Roast 20 min.

Great over zucchini noodles.